

FEBRUARY

Fight Strong **Green** Fit Trainer's Choice

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 8:30 am Izzy 4:30 pm Katie 5:30 pm Wadi	2 5:00 am Katie 8:30 am Kylin 4:30 pm Ashley 5:30 pm Frankie Sculpt 6:15	3 5:00 am Wadi 8:30 am Frankie 4:30 pm Frankie 5:30 pm Jason	4 5:00 am Frankie 8:30 am Frankie 4:30 pm Kaylin 5:30 pm Katie Sculpt 6:15	5 8:30 am Izzy 4:30 pm Katie	6 8:30 am Wadi
7 9:00 am FREE	8 8:30 am Frankie 4:30 pm Philicia 5:30 pm Wadi	9 5:00 am Katie 8:30 am Kaylin 4:30 pm Ashley 5:30 pm Frankie Sculpt 6:15	10 5:00 am Wadi 8:30 am Frankie 4:30 pm Jason 5:30 pm Jason	11 5:00 am Frankie 8:30 am Frankie 4:30 pm Kaylin 5:30 pm Katie Sculpt 6:15	12 8:30 am Izzy 4:30 pm Wadi	13 8:30 am Frankie
14 9:00 am FREE	15 8:30 am Katie 4:30 pm Philicia 5:30 pm Wadi	16 5:00 am Katie 8:30 am Kaylin 4:30 pm Ashley 5:30 pm Frankie Sculpt 6:15	17 5:00 am Wadi 8:30 am Jason 4:30 pm Frankie 5:30 pm Frankie	18 5:00 am Frankie 8:30 am Frankie 4:30 pm Kaylin 5:30 pm Katie Sculpt 6:15	19 8:30 am Frankie 4:30 pm Izzy	20 8:30 am Kaylin
21 9:00 am FREE	22 8:30 am Izzy 4:30 pm Philicia 5:30 pm Katie	23 5:00 am Katie 8:30 am Kaylin 4:30 pm Ashley 5:30 pm Jason Sculpt 6:15	24 5:00 am Wadi 8:30 am Frankie 4:30 pm Katie 5:30 pm Jason	25 5:00 am Frankie 8:30 am Frankie 4:30 pm Kaylin 5:30 pm Wadi Sculpt 6:15	26 8:30 am Frankie 4:30 pm Izzy	27 8:30 am Wadi
28 9:00 am FREE		<div style="border: 2px solid black; padding: 10px; width: fit-content; margin: 0 auto;"> <p>Sculpt Classes are \$6/month for members \$10/class for non-members</p> </div>				